

## **ERRACE – FRANK CERRA – 100 MILE CUE SHEET**

0 mi	Turn Right out of the Helen & Harry Gray Cancer Center Parking Lot on Fisher Dr
0.06 mi	Turn Left onto Ensign Dr
0.20 mi	Turn Right onto Bickford Dr
0.46 mi	Turn Right onto Climax Rd
1.79 mi	Turn Right onto CT-167 N / Bushy Hill Rd
4.52 mi	Turn Right onto Stratton Brook Rd
5.68 mi	Turn Right onto US-202 S / Hopmeadow St
5.94 mi	Turn Left onto CT-185 E / Hartford Rd
6.44 mi	Turn Left onto E Weatogue St
8.08 mi	Continue onto Terry's Plain Rd
9.39 mi	Slight Right onto Quarry Rd
10.41 mi	Turn Right onto CT-315 E / Tariffville Rd
11.05 mi	Continue onto Winthrop St
11.53 mi	Turn Right onto Main St
11.58 mi	Turn Left to stay on Main St
11.60 mi	Turn Left onto CT-189 N
12.72 mi	Turn Right onto Holcomb St
14.75 mi	Continue Straight across CT-20 onto Newgate Rd
18.51 mi	Turn Left onto Phelps Rd
19.18 mi	Turn Right onto Copper Hill Rd
<b>20.60 mi</b>	<b>REST STOP #1 - SUFFIELD FIRE STATION ON THE LEFT</b>
20.60 mi	Turn Right onto CT-168 E / Mountain Rd
27.47 mi	Turn Right onto CT-75 S / N Main St
27.52 mi	Turn Left onto Bridge Street
28.37 mi	Turn Left onto Thrall Street
29.55 mi	Turn Left onto CT-159 N / N Main St
30.61 mi	Turn Right onto Thompsonville Rd / Becomes River Rd / Becomes River Blvd Ext
32.45 mi	Turn Left onto Mapleton
33.26 mi	Turn Right onto Halladay
36.18 mi	Turn Left onto Hill St
37.50 mi	Turn Right onto Spruce St
38.40 mi	Turn Right onto CT 187 / N Grand St
<b>38.47mi</b>	<b>CT / MA STATE LINE</b>
39.96 mi	Turn Left onto Barry St / Becomes Barry Corner St
40.78 mi	Turn Right onto S West St / Becomes N West St
45.18 mi	Turn Left onto MA 187 / N Westfield St / Becomes Feeding Hills Rd
46.91 mi	Turn Left onto Shaker Rd
48.05 mi	Turn Left onto Laro Rd
48.86 mi	Merge onto Longyard Rd / Becomes Foster Rd
50.90 mi	Turn Right onto S Longyard Rd / Becomes Depot Rd
53.18 mi	Turn Left onto Sheep Pasture Rd
53.68 mi	Continue onto Point Grove Rd / Becomes CT-585
<b>54.85 mi</b>	<b>CT/MA STATE LINE</b>
56.05 mi	Turn right onto CT-168 W

**56.05 mi REST STOP #2 - SUFFIELD FIRE STATION (Same as Rest Stop 1)**

- 56.05 mi Exit Out the NW Driveway and Head NW on MA-168 W
- 57.61 mi Turn Right onto Sheep Pasture Rd (Because of construction on Rte 168)
- 59.58 mi Turn Left to stay on Sheep Pasture Rd
- 60.08 mi Turn Left onto Depo St / Continue Across Rte 202
- 61.46 mi Turn Right onto Hillside Rd
- 63.17 mi Turn Left onto Will Palmer Rd / Becomes Fowler Rd
- 65.34 mi Turn Right onto City View **Road**
- 65.42 mi Turn Left onto City View **Bldv** / Becomes Granville Rd
- 66.46 mi Turn Left onto Kensington
- 66.48 mi Turn Left into Stanley Park Entrance

**66.67 mi REST STOP #3 - STANLEY PARK - IN FRONT OF RESTROOM FACILITY ON RIGHT**

- 66.67 mi Continue Northeast inside the park
- 66.70 mi Turn Right to head to the exit of the park
- 66.75 mi Turn Right exiting the park onto Kensington Ave
- 67.09 mi Turn Right onto Granville Rd
- 67.33 mi Turn Right to stay on Granville Rd / Becomes Old Westfield Rd
- 68.40 mi Begin the 6 Mile Climb ☺ ☺ ☺ **You CAN do it!**
- 74.26 mi Turn Right onto MA-57 W
- 74.41 mi Turn Left onto MA-189 S
- 74.45 mi Stop at Granville Country Store on the Right! Giant Delicious Chocolate Chip Cookies
- 75.50 mi Want some Farm Made Delicious Ice Cream? Stop at Granval Scoop on the Right!

**76.50 mi CT / MA STATE LINE**

- 83.64 mi Turn Left onto W Granby Rd / CT-20
- 83.91 mi 5 Way Intersection of Granby - Turn Right Onto US-202 / Salmon Brook

**85.54 mi REST STOP 4 – TURN LEFT INTO MONROVIA NURSERY CENTER**

- Turn Left Out of the Driveway and Continue South on US-202
- 86.22 mi Turn Right onto Buttles Rd
- 87.11 mi Turn Left onto Canton Rd / Becomes Holcomb St
- 89.61 mi Turn Left onto Old Farms Rd
- 91.87 mi Turn Right onto Farms Village Rd / CT 309
- 92.21 mi Turn Left onto W. Mountain Rd
- 92.42 mi Turn Left to stay on W. Mountain Rd
- 96.16 mi Turn Left onto Bushy Hill Ln
- 96.26 mi Turn Left onto CT 167 / Bushy Hill Rd
- 96.87 mi Turn Right onto Climax Rd
- 99.20 mi Turn Left onto Bickford Dr
- 99.46 mi Turn Left onto Ensign Dr
- 99.61 mi Turn Right onto Fisher Dr

**WELCOME BACK TO THE HELEN & HARRY GRAY CANCER CENTER!!**

**Robert Carmen**

**ERRACE Course Director**

**413-246-1856**